

Part-Time Wellness Lounge Host

Reset Sauna & Plunge

Scranton, PA

Pay

\$16-18/hour

Schedule

Part-Time | 15–25 Hours Per Week

Flexible shifts available including:

- Weekday Mornings (7:00 AM – 11:00 AM)
- Weekday Evenings (4:00 PM – 8:00 PM)
- Weekend Morning Shifts (7:00 AM – 11:00 AM)
- Weekend Afternoon Shifts (11:00 AM – 4:00 PM)

Applicants do not need to be available for all shifts. We're looking to build a small team of reliable hosts with varying availability.

About Reset

Reset Sauna & Plunge is a private contrast therapy studio designed to help people unplug, recover, and feel their best. Guests enjoy private access to our traditional sauna, cold plunge, and wellness lounge in a calm, welcoming environment.

Responsibilities

- Welcome and check in guests
- Explain the Reset experience to first-time visitors
- Prepare sauna, plunge, and recovery rooms between appointments
- Maintain a clean and organized facility
- Assist guests with bookings and package purchases
- Answer phones and respond to basic questions
- Help create a welcoming, premium wellness experience

Ideal Candidate

- Friendly and professional
- Dependable and punctual
- Comfortable working independently
- Interested in wellness, fitness, recovery, or hospitality
- Strong attention to detail
- Able to perform light cleaning and house keeping tasks

Bonus Qualifications

- Customer service experience
- Fitness, spa, hospitality, or wellness background
- Social media experience

Perks

- Employee booking discounts
- Opportunity to grow with a new local wellness business